



Your invited to participate in.....

BRIDGES COMMUNITY SUPPORT & SOCIAL GROUP

Mondays 11:00am & 1:00pm / Thursdays 11:00am & 1:00pm

Offering participation by telephone or video through Zoom App.

- ***Are you feeling anxious about the current pandemic?***
- ***Is the social isolation causing strong emotions?***
- ***Are you looking to connect with others socially?***
- ***Do you need resource information or have resources to share with others?***

To Join the Video Chat:

Log on to or download Zoom App: <https://zoom.us/> (Sign Up For Free Profile)

To Join The Meetings Use Link: <https://us04web.zoom.us/j/3691523352>

Monday/Thursday – Meeting Time: 11:00am

Monday/Thursday – Meeting Time: 1:00pm

To Participate by Phone only for any meeting time, please

dial: (646)558-8656 Access Code: 3691523352#

Any issues with participation: Please call or text Matthew Castelluccio @ 845-234-5781

