



**SUPPORTING PERSONS WITH SPINAL
CORD INJURY AND CAREGIVERS DURING
COVID-19**

Study Information

6-week program using *new* mobile app.

Study is completed online.

Compensation will be provided.

OVERVIEW

Spinal cord injury can have a large impact on a person's life as well as the lives of their loved ones. This may be amplified by the stress and challenges of COVID-19.

To support persons with spinal cord injury and caregivers, we have created an online program, called **SupportGroove**. You can participate on your own or with a partner.

To participate, you must:

- Be a person who had a spinal cord injury *at least* 6 months ago

OR

- Be a person who provides care and support for a person with spinal cord injury
- Be *at least* 18 years old
- Have internet access

If interested,
please contact...

(801) 585-1462
uspring.research@gmail.com

Or click [HERE](#) to provide us with your contact and access our COVID-19 resources

Lead Investigator

Alexandra Terrill, PhD
*Department of Occupational
& Recreational Therapies
University of Utah*
<http://uspring.weebly.com>

